

Young Adult Care & Transition

Dear Young Adult,

Upon turning 18, pediatric patients traditionally transition to a physician who sees adults. If you are staying in the Capital Region after high school, it is probably a good time to transfer (although we will miss you!). We recommend that males establish an internist or family medicine doctor. We recommend that females establish with a family medicine doctor or an internist AND a gynecologist. To transfer your records, ask for the forms at the front desk.

We understand that if you are going to school outside of the Capital District, it can be difficult to establish a meaningful relationship with a new local office if you are not in town for most of the year. For these patients, we can continue to provide care until you turn 21.

PLEASE BE AWARE

- 1 If you decide to stay with us, it is your responsibility to schedule a yearly physical appointment. Summer appointments fill up quickly, so you will need to think ahead. We cannot advise on patients who have not been seen in over a year.
- 2 If you decide to stay in our practice, please fill out HIPAA forms if you would like us to be able to discuss your health with your parents. Legally, we need written permission to talk to them.
- 3 We will not be able to see you once you turn 21.
- 4 For females remaining in our care, we require that you establish a gynecologist at this point.

There are many wonderful adult physicians in the area. At this time, we do not routinely recommend one over another.

With care,

Drs. Giombetti, Brady, Keating, and Tack